

News Release ** for immediate release**

3 February 2017

Cycling Scotland Report shows long-term increase in cycling

Over 5% of journeys to work regularly by bike

The Annual Cycling Monitoring Report, published today (3 February) by Cycling Scotland, shows a long term increase in cycling.

The Report looks at the national and local picture including cycling to school, cycling to work and the frequency of cycling within wards in each authority area.

Headline trends show a steady increase in those stating that a bike is their main mode of transport. This has increased from 0.8% in the period 2004 - 2007 to 1.2% in the period 2012 – 2015, representing a difference of 110 million vehicle kilometres travelled¹.

Similarly, cycling to work remains popular, with 5.9% of people stating that they cycle at least regularly. In 15 of Scotland's 32 local authorities, cycling to work regularly is 5% or more, with Edinburgh City and Highland regions reaching 14.2%.

The report also includes data around accidents involving pedal cycles and this latest report shows, of incidents which resulted in a person being killed or seriously injured, the proportion involving light goods vehicles has increased from 5.3% (2006 – 2010 average) to 10.6% in 2015.

Luke Phillips, Cycling Scotland Monitoring and Development Officer, said: "It's great to see cycling as a main mode of travel increasing steadily over time. It is also very encouraging to see the numbers of those choosing to travel to work by bike increasing, helping to cut carbon emissions and make Scotland greener. We cannot be complacent, however, and the increase in accidents involving light goods vehicles cannot be ignored. Our Practical Cycle Awareness Training and Give Everyone Cycle Space campaign go some way to addressing this, but we must continue to work with partners to deliver a coherent cycle network so anyone, anywhere can enjoy the benefits of cycling."

A copy of the full report is available to download at www.cycling.scot.

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Cycling Scotland

Cycling Scotland is the nation's cycling organisation. Working with others, we help create and deliver opportunities and an environment so anyone anywhere in Scotland can cycle easily and safely.

As individuals we will lead by example and as an organisation, our values are to be:

- Collaborative;
- Inclusive;
- Professional & evidence-driven;
- Ambitious;
- Sustainable.

Cycling Scotland is a recognised Scottish Charity no. SC 029760.

For more information please visit www.cycling.scot

The **Annual Cycling Monitoring Report** fulfills CAPS Action 18 to: Report annually on an appropriate suite of national indicators to inform the national picture of cycling participation.

The report covers all 32 local authorities in Scotland, looking at factors such as estimated levels of cycling, cycling to work, cycling to school, training, road safety and reasons for not cycling.

Transport Scotland

Transport Scotland is the national transport agency for Scotland, delivering the Scottish Government's vision for transport. Find out more at www.transport.gov.scot

¹ Scottish Household Survey Travel Diary 2015 [Table TD2]