

PEDAL FOR SCOTLAND

20TH ANNIVERSARY SOUVENIR ISSUE



**Cycling
Scotland**

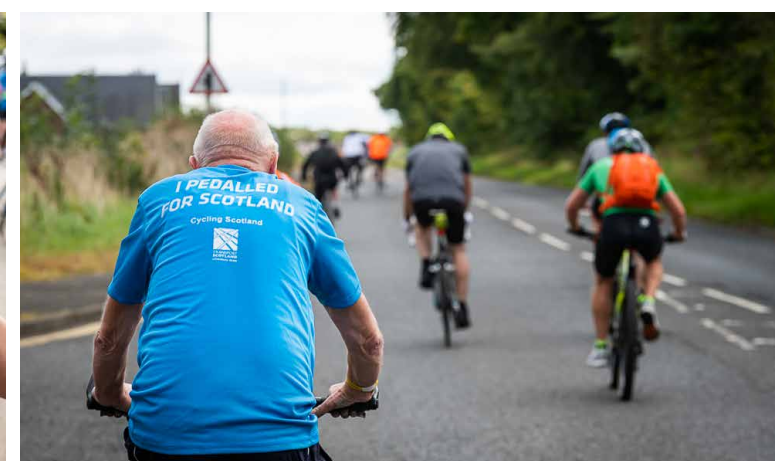


Scottish charity SC029760



PEDAL TURNS TWENTY!

More than 8,000 of you cycled together in Pedal for Scotland's 20th anniversary event! From a nine-month old baby (on a tag-along!) to a fit 82-year old, together you completed more than 325,000 miles.





Set up in 1999 to encourage more people to cycle, raise the profile of cycling in Scotland and provide a platform for raising millions of pounds for good causes, Pedal for Scotland has achieved its aims over the last 20 years.

The early years: some of the first Pedal for Scotland riders lining up in George Square, Glasgow, to take part in 2001 (above) and 2003 (below).



We interviewed Brian Curtis MBE, one of the organisers of the first Pedal for Scotland:

“The very first Pedal for Scotland started in George Square, Glasgow and finished in Holyrood Park, Edinburgh. There were 425 riders, some covered the 50 mile route without difficulty while others were less fit and it was so uplifting to see these folk reach the finishing line and receive their medal.

“The volunteers from Avonbridge Parish Church were involved from the start and their excellent home baking has been loved by participants and helped raise money for the community.

“Having been involved in every event, it's amazing to see how the germ of an idea in 1997 developed into Scotland's largest charity bike ride, raising millions of pounds for various good cause and has introduced many people to a more sustainable way of transport, a healthy pastime and a family leisure opportunity.”



CASE STUDY – ROBIN

Former time triallist champion, Robin Smith, raced some of the UK's cycling greats in his time, from Tommy Simpson in the 1950s to Ray Booty (the first man to break four hours for a 100-mile time trial) and Alf Engers.

The Aberdonian rediscovered his love of cycling in the last few years and joined us for Pedal for Scotland again this year, together with his daughter and granddaughter.



"In my teens and early twenties, I did a lot of competitive bike riding including international time trials, racing against some of this country's cycling greats and top continentals.

"I lived for cycling when I was younger, so getting back into training for Pedal for Scotland 2019 brought back fond memories which take me back to a very happy period in my life. A great way to celebrate turning 80!"



"Training for Pedal for Scotland 2019 brought back fond memories which take me back to a very happy period in my life..."

CASE STUDY – VIOLETTE

Violette, a New Scot (refugee) from Syria is one of the people we gave a free place to in this year's Pedal for Scotland. Violette recently took up cycling after being given a bike by Bikes for Refugees.

"As a young Syrian woman, I have not had opportunities to cycle until I came to Scotland. Getting a bike has made it possible for me to do this great outdoor activity. A real bonus is that I am now able to take part in Pedal for Scotland and I have been training hard. This bike has expanded my life!"

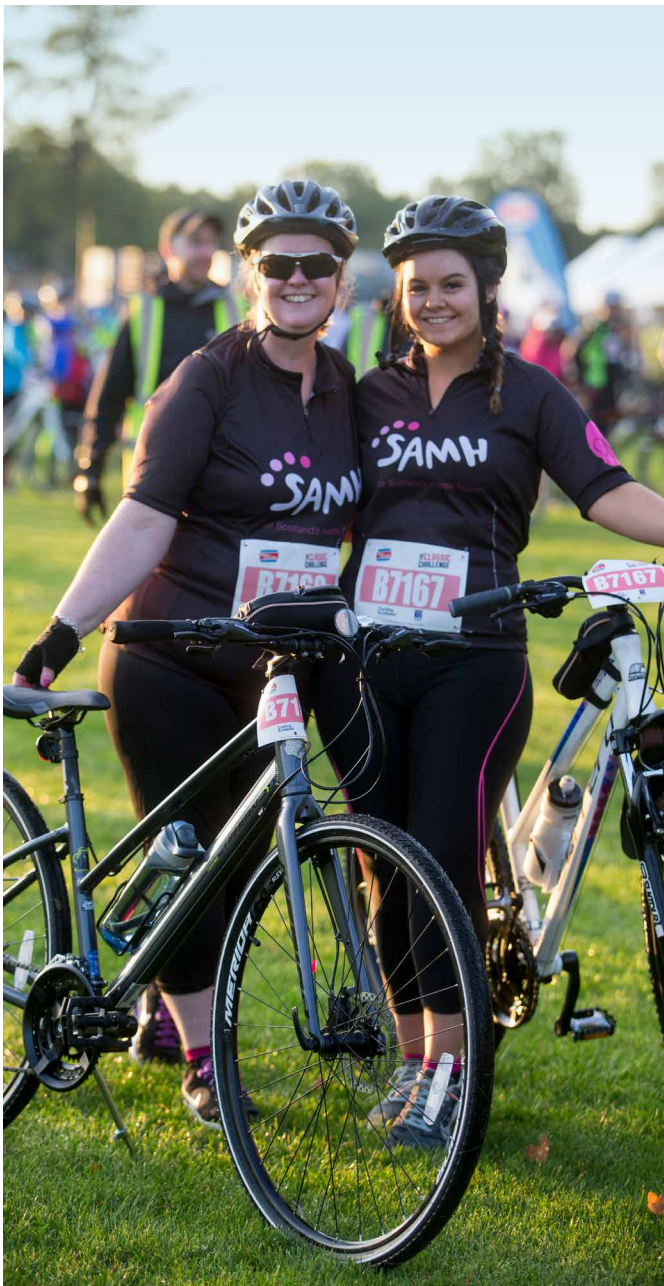


"Getting a bike has made it possible for me to do this great outdoor activity... This bike has expanded my life!"

FUNDRAISING

Thanks to everyone who raised funds for charities at Pedal for Scotland this year – and so many of you did. The average amount raised for charity this year was £659 per person which is phenomenal – and every amount raised makes a difference.

Our official charity partners and supporters this year were: British Heart Foundation, STV Children’s Appeal, Glasgow Children’s Hospital Charity and SAMH, all brilliant charities doing incredibly important work to support people in Scotland.



WEE JAUNT – FALKIRK

The Wee Jaunt Falkirk is back in 2020! Registrations will be open in January at www.pedal.scot. This is a traffic-free, 7.5 mile loop route around the Helix Park and the Kelpies. Perfect for a family day out.

Other Wee Jaunts will be announced in early 2020.

Thanks to everyone involved in the Pedal for Scotland Glasgow-to-Edinburgh ride over the last 20 years, including the main grant funder, Transport Scotland, our sponsors, charity partners and supporters. Most of all thanks to every single person who has pedalled for Scotland over the last 20 years.

KEEP CYCLING!



Dedicated to the memory of Colin Anderson



Colin was raising funds for SAMH, the mental health charity, at this year's Pedal for Scotland. If you would like to donate, please visit his Just Giving page:
www.justgiving.com/fundraising/colin-anderson